



123 Glenwood Avenue Bridgeport, CT
203-576-8118

www.wonderlandofice.com

www.wonderlandskatingschool.com



Summer 2014 Bridge Camp

SUMMER ICE SKATING DAY CAMP

*This Camp Experience is Designed for All Aspiring Figure Skaters
With Some Skating Experience*

Seven One Week Sessions: Monday Through Friday:

Week 1: June 23rd - June 27th

Week 2: July 7th - July 11th

Week 3: July 14th - July 18th

Week 4: July 21st - July 25th

Week 5: August 4th - August 8th

Week 6: August 11th - August 15th

*Week 7: August 18th - August 22nd

8:45AM – 1:00PM

***Week: 8:45AM – 1:00PM or Noon – 5:00PM or Full Day Available**

**Camp Under the Direction of Lisa Fedick,
Head Coach Sacred Heart University Figure Skating Team**

Typical camp activities schedule listed on the reverse side →

Typical Bridge Camp Schedule

8:45 – 9:15AM	Welcome and Off Ice Warm-up and Stretching & Skates On
9:00 - 9:15AM	On Ice Stretching
9:15 - 9:30AM	On Ice Supervised Warm Up
9:30 - 10:00AM	Moves in the Field / Figures / Edge Class
10:00 -10:30AM	Jump (Mon, Wed, Fri) or Spin Class (Tues, Thurs)
10:45 – 11:00AM	Stroking & Power Skating(Mon, Wed, Fri), Ice Dance (Tues, Thurs)
11:00 – 11:15AM	Off Ice Snack and Conversation
11:15 – 11:45AM	Creative Movement and Interpretive Skating
11:45AM – Noon	On Ice Supervised Practice
Noon – 1:00PM	Off Ice Training* and Craft Workshops

*The CAN DO Sports Academy is located in the Wonderland of Ice. Activities will include Strength Training, Plyometrics, Yoga, Zumba and Hip Hop Dance, all age specific and designed to Enhance your child's skating experience.

TUITION:

Single week**	\$295 Five Day Week	\$205 Three Day Week
Three or more weeks:	\$250 Per Five Day week	\$175 Per Three Day Full
Full Day Week 8**	\$395 Five Day Week	\$275 Three Day Week

****Register by 5/15/14 and receive \$25 off any five day week!**

Single Day Pass (space permitting): \$95 Regular Half Day \$150 Full Day
Registrations must be received seven days prior to your camp start date

SAVE THE DATE

Friday, August 22nd at 7:00PM

**All campers are invited to perform in an Exhibition
at the Wonderland of Ice**

Please call Wonderland of Ice Skating Director,
Eileen Mantell at 203-258-6462 or

wonderlandskating@gmail.com for more information.